

Instructions for use

Nexa AllerShield™

800 mg

What is Nexa AllerShield

Nexa AllerShield is a preventative treatment against hay fever and allergies. As such, Nexa AllerShield should be used before coming into contact with allergens to prevent them from landing on the nasal membrane and starting the allergic response. Nexa AllerShield is clinically proven to provide assistance to sufferers of mild to moderate allergic rhinitis.

Nexa AllerShield works preventatively to stop an allergic reaction before symptoms start.

Nexa AllerShield can be used in addition to medicines, as part of a combination therapy strategy in the fight against hay fever and allergies.

Ingredients – Contains natural cellulose powder and peppermint powder.

How does Nexa AllerShield work?

Nexa AllerShield is a powder nasal spray. The powder turns to a gel in the nose which creates a barrier to shield the nasal membrane, and assists in preventing contact with airborne allergens.

Nexa AllerShield assists in protecting the nasal membrane from airborne allergens, which is where the allergic response begins. Therefore, the degranulation of the mast cells and subsequent release of IGE and histamine is avoided – which is in turn preventing the unpleasant usual symptoms of hay fever and allergies.

One Nexa AllerShield bottle contains up to 200 sprays.

Who can use Nexa AllerShield

Nexa AllerShield is suitable for adults, athletes, pregnant and breast-feeding women and children from 18 months.

Nexa AllerShield does not contain any medicines.

Nexa AllerShield is non-drowsy.

Do not use Nexa AllerShield

- In children under 18 months.
- If you are sensitive to cellulose and/or mint.

When to use Nexa AllerShield

Use Nexa AllerShield before your symptoms start.

If an allergic response has already started before using Nexa AllerShield allow some time (about 30 minutes) for the immediate symptoms to subside, blow your nose and then apply Nexa AllerShield (see STEPS below).

How to use Nexa AllerShield

Do not use if tamper-evident seal is broken.

To assist in the defence against hay fever and allergies, apply Nexa AllerShield 2 to 3 times per day to maintain the desired barrier. It can be used as often as necessary. Nexa AllerShield should last approximately 6 hours per application.

The strength of the pollen count, proximity of the allergen and severity of the patients' allergies all have an effect on how frequently Nexa AllerShield should be used.

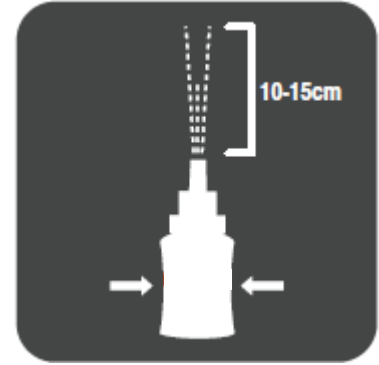
STEPS:



Step 1 – Blow your nose.



Step 2 – Remove cap and shake the bottle.



Step 3 – Administer a test spray to gauge the pressure required for an ideal dose, which is a 10 to 15 cm plume of powder. If you find the bottle too stiff to squeeze with one hand then use both hands (once you are used to taking Nexa AllerShield the test spray is no longer needed).



Step 4 – Place the nozzle of the bottle just inside the nose and apply 1 to 2 sprays into each nostril. Inhale gently while squeezing but do not inhale deeply.



Step 5 – Re-apply each time you blow your nose.

If concurrent use of another nasal spray is required, Nexa AllerShield should be re-applied afterwards so that the barrier created is not disturbed.

Possible side effects

During first use, you may experience a tingling or burning sensation in the nose or light sneezing. This is a transient sensation that should go away as you become used to using Nexa AllerShield.

You may also feel some form of irritation, especially if your nasal membranes are already inflamed or irritated. This should subside quickly.

Some individuals can feel a slight sensation of a blocked nose; this is normal and is the feel of the barrier created by Nexa AllerShield.

Very few cases of allergic reactions to this product have been reported. Reports received have been blocked nose, runny nose, sneezing, sore throat. In such cases, the use of the product should be discontinued immediately and if symptoms persist, consult your healthcare provider.

If you experience serious discomfort after application of Nexa AllerShield, consult your healthcare provider.

Take care with Nexa AllerShield

Avoid contact with eyes. If powder gets into your eye, rinse with water.

Avoid contact with open wounds.

To avoid contamination, do not use this product for more than one person.

If Nexa AllerShield is not adequately relieving your symptoms

Consult your healthcare provider about what medication you could take to supplement your Nexa AllerShield in the fight against hay fever and allergies.

If you have not used this product before the allergic reaction, wait for your allergic response to subside then try again. Read the above guidance carefully and try Nexa AllerShield using the 5 steps (see STEPS above).

Caring for your Nexa AllerShield

Do not rinse the bottle with water or other liquid as this may block the bottle.

Always replace the cap.

How to store Nexa AllerShield

Store in a dry place at room temperature, or between 5 °C and 30 °C.

Keep out of reach of children.

Once opened, use within 6 months.

Do not refrigerate or freeze.

Do not store in a bathroom.

Do not use after the expiry date stated on the carton.

Return all unused product to your pharmacist.

Do not dispose of unused product in drains or sewerage systems (e.g. toilets).

Distributor

Abex Pharmaceutica (Pty) Ltd; Suite C, Rubenstein Ridge; 617 Rubenstein Drive; Moreleta Park, 0181; South Africa



Nasaleze Ltd.; Unit 3; Woodside house; Ballafletcher Business Park, Douglas; Isle of Man, IM4 4QE, UK

Marketed by

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