

Instructions for use

Nexa TravelShield™

800 mg

What is Nexa TravelShield

Nexa TravelShield provides assistance in the defence against airborne viruses during exposure to a high virus risk environment, as commonly encountered on journeys. Nexa TravelShield shortens the duration and severity of cold and flu-like symptoms. Nexa TravelShield can assist in stopping the reappearance of virus-related cold and flu-like symptoms.

Nexa TravelShield can be used in addition to medicines, as part of a combination therapy strategy in the fight against cold and flu.

Ingredients – Contains natural cellulose, garlic and peppermint powder.

How does Nexa TravelShield work?

Nexa TravelShield is a powder nasal spray. The powder turns to a gel in the nose which creates a barrier to shield the nasal membrane, therefore assisting in contact prevention and deactivation of airborne germs and viruses.

Recycled air on aeroplanes, trains and buses can easily spread germs and leave us vulnerable to catching a virus.

One Nexa TravelShield bottle contains up to 200 sprays.

Who can use Nexa TravelShield

Nexa TravelShield is suitable for adults, athletes, pregnant and breast-feeding women and children from 3 years.

Nexa TravelShield does not contain any medicines.

Nexa TravelShield is non-drowsy.

Do not use Nexa TravelShield

- In children under 3 years.
- If you are sensitive to cellulose, mint or garlic.

When to use Nexa TravelShield

Use Nexa TravelShield before your symptoms start.

If symptoms of cold or flu have already started before taking Nexa TravelShield, it can still be applied in order to shorten the cold or flu's duration (see STEPS below).

How to use Nexa TravelShield

Do not use if tamper-evident seal is broken.

To assist in defending against airborne viruses, Nexa TravelShield should be taken prior to exposure to a high virus risk environment. Apply Nexa TravelShield 2 to 3 times per day to maintain an effective barrier.

If travelling all day, Nexa TravelShield should be applied 2 to 3 times over the course of the day.

If symptoms have already started, take Nexa TravelShield 3 times per day until symptoms disappear.

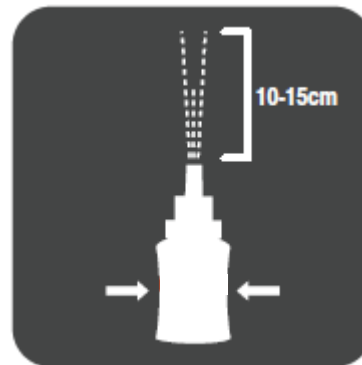
STEPS:



Step 1 – Blow your nose.



Step 2 – Remove cap and shake the bottle.



Step 3 – Administer a test spray to gauge the pressure required for an ideal dose, which is a 10 to 15 cm plume of powder. If you find the bottle too stiff to squeeze with one hand then use both hands (once you are used to taking Nexa TravelShield the test spray is no longer needed).



Step 4 – Place the nozzle of the bottle just inside the nose and apply 1 to 2 sprays into each nostril. Inhale gently while squeezing but do not inhale deeply.



Step 5 – Re-apply each time you blow your nose.

If concurrent use of another nasal spray is required, Nexa TravelShield should be re-applied afterwards so that the barrier created is not disturbed.

Possible side effects

During first use, you may experience a tingling or burning sensation in the nose or light sneezing. This is a transient sensation that should go away as you become used to using Nexa TravelShield.

You may also feel some form of irritation, especially if your nasal membranes are already inflamed or irritated. This should subside quickly.

Some individuals can feel a slight sensation of a blocked nose; this is normal and is the feel of the barrier created by Nexa TravelShield.

Very few cases of allergic reactions to this product have been reported. Reports received have been blocked nose, runny nose, sneezing, sore throat. In such cases, the use of the product should be discontinued immediately and if symptoms persist, consult your healthcare provider.

If you experience serious discomfort after application of Nexa TravelShield, consult your healthcare provider.

Take care with Nexa TravelShield

Avoid contact with eyes. If powder gets into your eye, rinse with water.

Avoid contact with open wounds.

To avoid contamination, do not use this product for more than one person.

If Nexa TravelShield is not adequately relieving your symptoms

Consult your healthcare provider about what medication you could take to supplement your Nexa TravelShield in the fight against cold and flu.

Read the above guidance carefully and try Nexa TravelShield using the 5 steps (see STEPS above).

Caring for your Nexa TravelShield

Do not rinse the bottle with water or other liquid as this may block the bottle.

Always replace the cap.

How to store Nexa TravelShield

Store in a dry place at room temperature, or between 5 °C and 30 °C.

Keep out of reach of children.

Once opened, use within 6 months.

Do not refrigerate or freeze.

Do not store in a bathroom.

Do not use after the expiry date stated on the carton.

Return all unused product to your pharmacist.

Do not dispose of unused product in drains or sewerage systems (e.g. toilets).

Distributor

Abex Pharmaceutica (Pty) Ltd; Suite C, Rubenstein Ridge; 617 Rubenstein Drive; Moreleta Park, 0181; South Africa



Nasaleze Ltd.; Unit 3; Woodside house; Ballafletcher Business Park, Douglas; Isle of Man, IM4 4QE, UK

Marketed by

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